

Call for submissions
Annual Academic Sessions June 2026
Sri Lanka College of Psychiatrists
Best Psychotherapy Essay



- Registrars, senior registrars, and junior consultants within 10 years of commencement of training in psychiatry are eligible to apply.
- The award is for a case write-up relevant to psychotherapy, whether psychodynamic, cognitive, behavioural, integrative therapies, or other, as practiced in psychiatry.
- The applicant should have managed the patient by him/herself under a supervising consultant.
- The maximum word count is 3500.
- Please email the report and the cover letter to contactslepsych@gmail.com
- Please state “Psychotherapy essay” as the subject of the e-mail.
- Authors should be MEMBERS of the Sri Lanka College of Psychiatrists if they are eligible for membership. If you are not already a member, please become a member before forwarding your application.
- The decision of the panel of judges will be final.

The deadline for submissions is 28th February 2026