

Call for submissions
Annual Academic Sessions – June 2026
Sri Lanka College of Psychiatrists
Best mental health awareness programme of the year 2025/2026



- Open to Consultant and Acting Psychiatrists currently employed in Sri Lanka who are members of the Sri Lanka College of Psychiatrists.
- Purpose - to recognise and reward outstanding public mental health awareness programmes that demonstrably improve knowledge, reduce stigma, increase service access, or otherwise advance mental health literacy among the public.
- Only programmes or programme components between 1 Feb 2025 and 28 Feb 2026 are eligible. Ongoing programmes are acceptable provided that clear evidence of activity within this date range is supplied.
- Activity details should include
 - Name of the activity & date (s)
 - Format (eg: public talk, radio/TV segment, social media campaign, school workshop, workplace session, community outreach)
 - Topics covered
 - Target audience (age-group, community group, estimated number reached)
 - Impact of your activity (provide evidence – photos, links, pre and post quiz, number of views)
 - Justification for your submission
- Please email the report and the cover letter to contactslcpsych@gmail.com
- Please state “Best mental health awareness program of the Year 2025/2026” as the ‘subject’ of the email.
- The panel of judges' decision will be final.

The deadline for submissions is 28th February 2026